

KEDRON STATE HIGH SCHOOL



International Student Handbook

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Principal's Welcome

Mr Blair Hanna

Welcome to Kedron State High School



Welcome to our warm and collaborative school community. At Kedron SHS we believe in optimising wellbeing and learning, whilst driving the constant pursuit of academic excellence. We do this by providing a safe, supportive, inclusive and enriching learning environment, where all students are constantly surrounded by possibility and opportunity.

Our school culture is driven by our motto "To Strive is to Shine" which compels all students and staff to do their best in all school endeavours. We inspire and encourage students to Strive to meet challenges and follow their passions with the same levels of determination, resilience and effort each and every day. With this learning, students are also taught to Shine with dignity and humility through their actions and demonstrate the honourable qualities of being honest, trustworthy, fair, compassionate and decent human beings.

Collectively, our aim is for all students to become the best versions of themselves in both their learning and their own personal development, and, in doing so, play their part to embody our 'Kedron Way'. The Kedron Way is that 'special' feeling that grabs you when you enter our school gates. It is at the heart of how all members of the school community strive to work together in a harmonious, calm, caring and productive manner each and every day, with the aim of individually, and collectively making our school better. Our past students, parents and staff talk with passion about their school and the opportunities and support we provided. This passion stems from the fact that our ongoing commitment to our four core values of Traditional, Academic, Disciplined and Diverse enriches our students' lives each day.

These four core values underpin both the current exceptional learning environment that students enjoy, but also the future direction of the school. I believe fundamentally that, whilst innovating for the future, we must respect the diversity and traditions of the school and ensure we are continually embedding self-discipline and academic improvement as our key drivers. Through these actions we create a sense of belonging for our students to enable them to develop, flourish and achieve in their individual talents and preparing them for a successful future.

It is my privilege to be Principal of this wonderful school. I am fortunate to be able to lead a highly committed and talented team of teachers and support personnel who work collaboratively to inspire our students to be the next life-long learners and leaders shaping the future of our nation and the world. Our consistently high expectations, combined with personalised attention, has led to outstanding success over many decades at Kedron.

We are proud to be able to share our school with you. The Kedron family looks forward to welcoming you to be a part of something very special.

Kind Regards

Blair Hanna - Principal

School details

• Street address: 34 Park Road Wooloowin QLD 4030

• Officer hours Monday – Friday 8:00 am – 3:30 [as applicable]

• Telephone: 07 3630 3333

• Fax: 07 3630 3300

• Absence line: 07 3630 3333

• Administration Email: <u>admin@kedronshs.eq.edu.au</u>

International Generic Email international@school.eq.edu.au

• Website: <u>www.kedronshs.eq.edu.au</u>

• Facebook (if applicable) http://www.facebook.com/kedronshs

Administration

Administration	Name	Telephone/contact
Principal	Mr Blair Hanna	3630 3333
Deputy Principals • Year 11-12 • Year 9 – 10 • Year 7-8	Ms Tamsin Buckley -Senior Ms Zoe Wilson Middle Ms Leanne Miller Junior	3630 3333
Financial matters		3630 3333
Business Service Manager Student Resource Scheme	Ms Angela Spina Ms Anne Kerr/ISC	3630 3333
Student attendance	Follow the prompts on main number phone no.	07 3630 3333
Heads of Department	Languages and International – Ms Asano	3630 3333
Year Level Coordinators	Year 7 – Ms Harris Year 8 – Ms Chapman Year 9 - Ms Worsley Year 10 – Mr Perkins Year 11 – Mr Fraser Year 12 – Mr Harris	

wellbeing and upport WELLNESS HUB: Guidance Officers: Liz Smith (351) Christine Griffin (M, W, F) (302) Chaplain: Justine Gilliland (M, Tu, F)(324) Nurse: Elle Blackburn (Tu 373, Th 304) Social Worker: Jess Liu (Tu, W) (TBC) Katherine Ritchie (M, Fr) Psychologist: Jane Correnti (M, T, W) (304)	
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School values

Motto: Niti est Nitere – To strive is to shine

Vision: We believe in a school where all students succeed

Mission: To shape the next generation of learners and leaders

Guiding Principles

The way that we:

TRADITIONAL

Sustain the culture that shapes the next generation of exceptional learners and leaders; and enhances the excellent reputation of our school.

Explicitly plan to maintain high expectations in a school that is experiencing growth and change.

Celebrate the traditions that continue to make our school strong, whilst innovating to meet the

needs of the 21st Century.

DISCIPLINED

Maintain a clear focus on the importance of individual success being achieved through self-

discipline, commitment and striving to be one's best each day.

Prioritise and model respect and compassion to shape decisions, in order to best prepare our

students to be active learners and leaders of the future.

Explicitly teach, embed and model a culture of resilience in the face of challenges.

ACADEMIC

Maintain academic progress and excellence through the consistent application of the school's

pedagogical framework (K'ASOT), with a clear priority on aligned and meaningful learning intentions

and success criteria.

Utilise consistently a range of high impact teaching strategies and target student individual learning

needs through the use of Class Action Plans (CAPs)

9

Strategically utilise a range of data to inform interventions required to ensure academic success for all students.

DIVERSE

Promote and value inclusivity within our strong and unique multi-cultural school community, ensuring every person is respected.

Provide a wide assortment of opportunities for creativity, innovation and learning, allowing individuals to become lifelong learners and change-makers of the future.

Collaborate within and beyond our school to leverage the collective strength and varied perspectives to address challenges, build expertise and facilitate improvement.

International Team

The International Team are here to guide you with your studies and support you during your time at Kedron State High School.

Name	Role	Contact
Blair Hanna	Principal	07 3630 3333
Yuki Asano	International Student Program – Line Manager	07 3630 3333
Kylie Short	International Student Coordinator	07 3630 3336
		isp@kedronshs.eq.edu.au
Kylie Short	Homestay Coordinator	07 3630 3336
		homestay@kedronshs.eq.edu.au
Elizabeth Smith	Guidance Officer	07 3630 3333
Kashmira Fitter	English as a Second Language or Dialect (EAL/D) Teacher Aide	07 3630 3333

The international office is located at Q6 in Q Block.



BLAIR HANNA

Principal



YUKI ASANO

Head of International and Languages



HIROSHI MATSUO

Japanese Teocher



Guidance Officer

KYLIE SHORT

International Student Program & Homestay Coordinator



International Teacher Aide

Kedron Staff

Emergency contacts (during school hours)

An emergency is a situation that may/ does affect your health, safety or welfare.

In the event of an emergency during school hours please contact any of the people below immediately.

Name	Role	Contact
ISP Office	ISC and Homestay Coordinator	3630 3336
Main Office	All staff	3630 3333

Emergency contacts (after school hours and on the weekends)



Your safety is our number one priority. Because of this, we work with our partners to ensure you enjoy a safe and high-quality study experience. All Overseas students studying an international program at an accredited International Student Program (ISP) school can use our student support service called 1800 QSTUDY (1800 778 839).

The 1800QSTUDY service provides support for you, your authorised contacts and Education Queensland International (EQI) homestay hosts and responds to incidents that involve Overseas students outside school hours.

You can call 1800 QSTUDY before **9.00am** and after **3.00pm** on school days, and **24 hours** a day during weekends, public holidays and school vacations.

For more information on 1800 QStudy please go to the following link <u>1800QStudy</u>

What is the free call 1800 QSTUDY? 1800 QSTUDY

1800 QSTUDY (+61 1800 778 839) is a free support phone service for Overseas students studying in state schools in Queensland. The service provides access to advice and assistance 24 hours a day, seven days a week. This also includes an emergency after-hours service which manages incidents for Overseas students participating in the International Student Program, Exchanges and Study Tours.

When should I use the 1800 QSTUDY service?

During school hours, school staff are your main point of contact but when school is closed and you would like to report an issue or you need urgent assistance, then phone free call 1800 QSTUDY.

At these times:

- Monday to Friday before 9am and after 3pm.
- Any time on the weekends (Saturday and Sunday).
- Any time during school holidays and public holidays.

Critical or life threatening situations - dial Triple Zero (000)

A critical or life threatening situation includes:

- immediate danger
- physical or sexual assault
- serious injury or illness
- student threatened with violence
- there has been a death.

You can download the <u>Emergency+</u> application (app) from the Apple, Google and Microsoft app stores. The <u>Emergency+</u> app helps provide critical location to emergency services.

School emergency and lock down procedure

Short ring/alarm – Evacuate – follow staff and teachers instructions, the follow the map.

Long continuous ring – lock down – get under desk, stay out of sight and stay until advised the lock down is over. If it occurs at break time enter the nearest room and lock down.

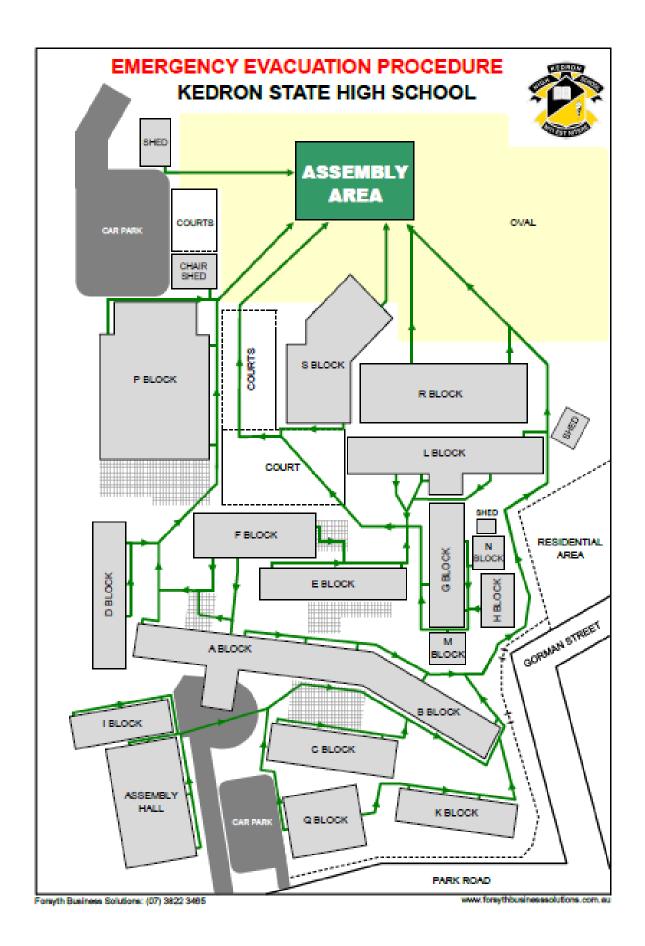
EMERGENCY PROCEDURES

EVACUATION BELL

SEQUENCE
SERIES OF SHORT RINGS
PROCEED TO
EVACUATION POINT

LOCK DOWN BELL

SEQUENCE
LONG CONTINUOUS
RING
REMAIN IN THE
CLASSROOM, HIDE



Map Kedron SHS KEDRON STATE HIGH SCHOOL KRLOCK

@Pursylh Eustrana Sandiares (67) 2822 2405

Orientation

The Kedron State High School <u>Overseas student orientation</u> has been designed to has been designed to:

- support your wellbeing
- help you adjust to study life in Australia
- support your academic success.

Before you arrived in Queensland you would have been provided with a pin code to download your Passport to Queensland.

The Passport to Queensland is a mobile app exclusively developed for you as an Overseas student studying an EQI high school program. This unique app contains lots of fun games, videos, activities and information designed to help you settle into your new life and school in Queensland, so you can focus on enjoying your study experience. It also includes modules showing you how to stay safe at the beach, in the bush and in the city.

• You can learn more about the app on at the <u>Frequently Asked Questions</u> page. Alternatively, you can email any questions about the app by emailing <u>yourpassport@qed.qld.gov.au</u>.



Daily timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Form	Form	Form	Form	Form
8.45 - 8.55	8.45 - 8.55	8.45 - 8.55	8.45 - 8.55	8.45 - 8.55
10mins	10mins	10mins	10mins	10mins
Period 1				
8.55 - 10.05	8.55 - 10.05	8.55 - 10.05	8.55 - 10.05	8.55 - 10.05
70mins	70mins	70mins	70mins	70mins
Period 2				
10.05 - 11.15	10.05 - 11.15	10.05 - 11.15	10.05 - 11.15	10.05 - 11.15
70mins	70mins	70mins	70mins	70mins
Recess	Recess	Recess	Recess	Recess
11.15 - 12.00	11.15 - 11.45	11.15 - 11.45	11.15 - 12.00	11.15 - 12.00
45mins	30mins	30mins	45mins	45mins
Period 3				
12.00 - 1.10	11.45 - 12.55	11.45 - 12.55	12.00- 1.10	12.00 - 1.10
70mins	70mins	70mins	70mins	70mins
Recess	Recess	Recess	Recess	Recess
1.10 - 1.40	12.55 - 1.40	12.55 - 1.40	1.10 - 1.40	1.10 - 1.40
30mins	45mins	45mins	30mins	30mins
Period 4				
1.40-2.50	1.40 - 2.50	1.40 - 2.50	1.40-2.50	1.40-2.50
70mins	70mins	70mins	70mins	70mins
	Yrs 8/9	Yrs 10/11/12		Yr 7
	Junior Sport	Senior Sport		Sport

Orientation timetable

Orientation Timetable Day 1

Date	Time	Venue	Orientation topic	
Day 1	8.40am- 8:50	Q Block	• International Student Coordinator • Homestay Coordinator	
Guest Speaker	9.15am		 Head of international Welcome Expectations and Concerns School values 	
	9.30am		Collect – Students Forms. Visa, Passport, Enrolment, Subject Selection, Code Behaviour, Homestay Code of Conduct Hand out – ISP Student Handbook Go through handbook /PowerPoint presentation Students go in pairs to purchase uniforms	

			International Ambassadors join the group
Morning Tea	11.15am	Q Block and buddies match up	Morning Tea - School Tour with Student Ambassadors
			Attend class – buddy
Lunch	1.10pm		Packed Lunch with Student buddies
	1.30pm		Students to have photo taken
			Obtain Timetable
			Question Time
	2.50pm	Home Time	

Orientation Timetable Day 2 – Swimming carnival day – New to stay at school

Date	Time	Venue	Orientation topic
Day 2	8.45 am		Ms Asano _ HOD to lead morning activities and school procedures
	10.00am		Visa conditions
			Attendance
			Course progress
			Behaviour
			Deferral, suspension and cancellation of enrolment
			Complaints and appeals
Morning Tea	11.15	Q Block	
	12.00		Staying in a Homestay PowerPoint
			Communication
			Homestay adjustments
			 Local map and transport
			 Money and banking
			 Health and safety PowerPoint
			Personal safety plan
			Medication
			Details of doctors and prescription
			Emergency services

			Banking
			EQI travel policy and travel forms
			 Transfers
			SEQI holiday programs
			School Excursions
			Personal safety
Period 3 & 4	1.00pm	IT Dept	
			 Set up laptops and helpw tih use of programs for school eg school email etc.
2.50pm		Home Time	

Orientation handouts

- International Student Handbook
- Homestay Booklet
- Diaries/ Student Planner
- Email and Phone List
- Emergency contact details
- Recreational Sport Selection
- Orientation evaluation

Assembly

ASSEMBLIES - 2024

TERM	DAY	ASSEMBLY TYPE	
	Monday	Junior School	
One	Tuesday	Middle School	
	Wednesday	Whole School	
	Thursday	Senior School	
Two	Monday	Junior School	
	Tuesday	Middle School	
	Wednesday	Senior School	
	Thursday	Whole School	
Three	Monday	Whole School	
	Tuesday	Junior School	

	Wednesday	Senior School		
	Thursday	Middle School		
Four	Monday	Junior School		
	Tuesday	Whole School		
	Wednesday	Senior School		
	Thursday	Middle School		

Overseas student Meeting

Overseas students meet each month at Q Block at 11.15 first break – the first Friday of every month in the international room. The purpose of the short meeting is check in with how your studies, homestay and school life are going. At the meeting you can ask questions and share your thoughts and ideas. Your International Student Coordinator will also provide updates on issues relevant to your studies, school events and upcoming items of interest.

What to do when

Late for school or class

You MUST go to the sector office relevant to your year level, eg. Year 7 & 8 Junior school, Year 9 & 10 Middle School, year 11 & 12 Senior school – to get a late pass. You should have a note from your guardian as to why you are late, or your guardian must call the school to advise the reason why.

Leaving school during the day

You must have a note from your guardian that needs to be seen by the Year level coordinator, then you can obtain a leave pass from the sector office (Junior, Middle or Senior)

Feeling sick or unwell

If during class, tell the teacher they will direct you to the main office, the main office will sign you into Sick bay and contact your guardian. If it is during break or before school go directly to the main office and tell them you are unwell.

Wanting to change subjects

Speak with the International Student Coordinator, they will then direct you to the Deputy in charge of your year level. Changes can only be made at the beginning of some terms, and senior school has strict guidelines around changes due to QCAA requirements. ISC can help guide you. Head of International will also help with choosing your year 11 and 12 subjects in the process call Set Planning at the end of Year 10.

Changing address or contact details

You must tell the ISP office of any changes to phone numbers, emails, address (onshore and offshore). Every student meeting you will have the opportunity to update these details.

Wanting to see a Guidance Officer

When you would like to make an appointment to see the Guidance officer the ISP Office can help but you can also go the student intranet and book online by clicking on the Wellness Hub tab.



Lost property

Visit the main office

Toilet access during class time

You must ask the teacher, then go to the nearest sector office and use the IPAD on the counter to log a toilet pass.

Accommodation and welfare

Care arrangements

While studying you must live with:

- a parent, legal custodian or Department of Home Affairs (DHA) approved guardian; or
- an approved homestay provider, if you are enrolled in high school, even if you turn 18 before completing your course.

You must not change these arrangements unless we give you written approval.

You must report any serious or urgent threat to your welfare to us immediately.

If you live a Department of Homes Affairs approved guardian to provide for your accommodation and welfare, we will communicate with that guardian on all matters to do with your enrolment and schooling (including welfare matters) as if the guardian is your parent.

You can read more about EQI's Welfare and accommodation in the following documents:

- Standard terms and conditions
- Accommodation and welfare
- EQI Policy and procedures

Living with a homestay family

Your homestay family plays an important part in your time in Australia. They have been carefully selected and will be eager to welcome you into their home. It may take some time for both yourself and your homestay family to settle in, so please take the time to develop this relationship as it will play a very important part in your happiness and success.

It is important to establish clear expectations from the beginning. If you are unsure about how things are done or what to do, make sure you ask. Your homestay family is there to give you the opportunity to learn about Australian culture and assist you in any way that they can.

Following are some suggestions on what to ask your homestay family.

- What would you like me to call you?
- What do you expect me to do daily?
- Where do I put my clothes that need washing?
- Can I use the washing machine or iron at any time?
- Can I help myself to food and drink at any time?
- Can I move my bedroom furniture around if I wish?
- Is there a special getting up time on weekends?
- Is there a bedtime?
- Can I invite friends around?
- What are the rules for using the telephone?
- What are the rules for using the internet?
- What time am I expected home on the weekends?
- Can I use household appliances when I wish?
- When and how loud can I play music?
- What are the general procedures in the household?

The way of life in Australia may be different from how you live in your country. Expectations and the degree of independence may differ and your homestay family will try to understand these differences. You also need to try and understand the differences so that you all have a good homestay experience. If you feel you are being asked to do too much or that rules are unreasonable in your homestay, talk to the International Student Coordinator, who will discuss your concerns with the family.

When living in a homestay you must:

- respect members of the family, their property and the home environment;
- participate actively as a member of the household;
- take responsibility for your own behaviour;
- comply with the household rules;
- comply with the homestay provider's decisions about your actions and welfare, including outings and curfews;
- have a mobile telephone and carry it on your person when traveling; and
- keep the homestay provider informed of your whereabouts, and remain contactable by them, at all times.

If you fail to meet these standards, we may consider your conduct to be unsatisfactory behaviour and may cancel or suspend your enrolment, or we may withdraw approval of your welfare arrangements. This may affect your student visa.

If you want to live with a different homestay provider, you should talk to the Homestay Coordinator and the school Guidance Officer. We will not approve new homestay arrangements within the first four weeks of your stay unless there are exceptional circumstances.

If we are required to move you to a different homestay, we will generally give you at least two weeks' written notice. In exceptional circumstances (for example, if we are concerned about your safety), we may move you immediately.

If your homestay provider is temporarily unable to provide homestay for you, we will arrange for you to be temporarily placed with another homestay provider.

Curfews

You are required to comply with curfew times set by EQI while living in your homestay.

Culture shock

Culture shock refers to the emotional and psychological reactions to an unfamiliar culture and environment.

For Overseas students, culture shock is often uncomfortable and disorienting. Although culture shock can be positive in some ways, it's important for students to understand what culture shock is, what causes it, and how to manage its effects

Some of the signs of culture shock include:

- feeling isolated
- increasing frustration with your host country, the school and host family
- irregular sleep patterns
- spending a lot of time alone in your room
- you are easily upset and can't concentrate at school.

Culture shock can be described as consisting of at least one of four distinct phases: honeymoon, negotiation, adjustment and adaptation.

Honeymoon phase

The first stage of culture shock is usually positive. During the honeymoon phase the differences between the old and new culture are seen in a romantic light. For example, in moving to Australia to study, you might love the new food, the pace of life, and the locals' habits. During the first few weeks most students are fascinated by the new culture.

Frustration/ Distress phase

After some time (usually around three months, depending on the individual), differences between the old and new culture become apparent and you may feel uneasy. Excitement may eventually give way to unpleasant feelings of frustration as a person continues to experience unfavorable events that may feel strange. Language barriers, traffic safety and food differences may heighten the sense of disconnection from the surroundings.

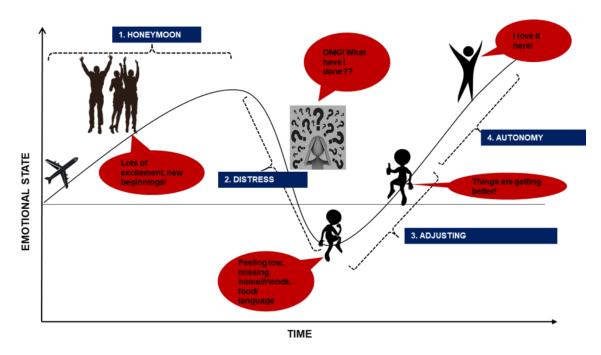
During this phase students adjusting to a new culture may feel lonely and homesick because they are not yet used to the new environment and new people they are meeting.

Adjusting phase

After some time (usually 6 to 12 months), a person grows accustomed to the new culture and develops routines. During this phase a person knows what to expect in most situations and the host country no longer feels very new. During this phase people develop problem-solving skills for dealing with the culture and begins to accept the culture's ways with a positive attitude. The culture begins to make sense, and negative reactions and responses to the culture are reduced.

Acceptance/ Autonomy phase

Individuals in the acceptance phase are able to participate fully and comfortably in the host culture. Mastery does not mean total conversion; people often keep many traits from their earlier culture, such as accents and languages.



If you think you are feeling culture shock, here are some things that you can do:

- Be patient with yourself as culture shock is a normal reaction to a changed environment.
- Talk about how you are feeling with your host family, friends or a member of the international team.
- Keep in contact with your loved ones back home.
- · Socialise and make new friends.

It is important to remember the following:

- Culture shock is a perfectly normal part of the study abroad experience.
- It is important to remember that it will pass.

- Use the experience as an important learning opportunity, helping you to become versatile
 and adaptable to change. It will equip you with valuable life skills that are some of the
 greatest benefits of studying abroad.
- Step outside of your comfort zone, make new friends, and take full advantage of the once-in-a-lifetime experiences while you can.
- Once your study abroad experience is over, your family and friends will be ready and waiting to hear all about your adventures.

The international team are here to support you so that you meet your academic goals and have a wonderful study and homestay experience while at Kedron State High School.

Contact details

You must let your school know your residential address in Australia within seven days of arriving in Australia. You must also tell the school of any changes of residential address within seven days. Failure to do this may affect your student visa.

We also need your current telephone number and email contact details, as well as the contact details of your parent/s/legal custodians and emergency contact person/s. Any changes need to be given to us within seven days.

EQI Standard Terms and Conditions

Before you arrived in Australia you were provided with a copy of the <u>EQI Standard Terms and Conditions</u>. The Standard Terms and Condition outline EQI policies that relate your responsibilities and rights and EQI's responsibilities and actions required to be taken during your course of study in Queensland.

If you have not read the Standard Terms and Conditions please do so. The Standard Terms and Conditions are available in the following languages:

- Simplified Chinese
- German
- <u>Italian</u>
- Japanese
- <u>Vietnamese</u>

Visa Conditions

Attendance

Kedron State High School's attendance policy <u>attendance policy</u> aims to ensure students are actively engaged in school and attend every day to ensure optimal individual outcomes and student engagement. We have high expectations of student attendance. Once you have enrolled at Kedron State High School it is your responsibility to ensure that you are at school every day and that you arrive on time, ready to start class at 8.45am.

You are expected to maintain 100% attendance unless you are sick. You should always tell the school if you cannot attend for all or part of the day.

In the event that you are going to be absent from school ask your homestay parent to notify the school on the day of the absence via the absentee line3630 3333 stating your name and class, the name of the person reporting the absence, the reason for the absence and the expected return date.

The school will record your attendance or absence every day. All absences are recorded on your school report. Electronic rolls will be marked every period. An SMS message will be sent to your homestay parents/carers of an unexplained full day absence.

It is a condition of your Sub-class 500 (schools) visa that you maintain satisfactory attendance during your period of study. Commonwealth law requires EQI to be proactive in notifying and counselling Overseas students who are at risk of failing to meet attendance requirements. EQI is required by law to report Overseas students who have breached attendance requirements.

Important information about attendance

•	Start and finish times	8.45am – 2.50pm
•	Late arrival process	Sector Office or Main office for a late pass
•	School absence telephone number	3630 3333 – follow prompts
•	Serious, injury or incident process Main office	Report to teacher or staff member, go to

How attendance is recorded at Kedron State High School

You can see your own attendance by logging into your Daymap.

Full day absences

If your guardian advises the school you will be absent for the day, it will be marked in daymap. If your guardian does not advise school and you are not marked present in form class or on assembly, a text message will be sent to your guardian requesting a reason for your absence.

Part day absences

Further information can be found in the Roll marking in state schools procedure.

You may wish to include the following table from the Roll marking in state school procedure:

Table 1 – Absence codes for full or part day absence

Type of Absence	Code	Explanatory notes
Entire day	А	Student was absent entire day.
Early (No Penalty)	E	Student left early, but within the final two hours of scheduled schooling. This will not count as an afternoon/half day absence. If the student left earlier than two hours prior to the end of the scheduled school day, this will count as an afternoon/half day absence (see "P" code).

Late (No Penalty)	L	Student arrived late, but within two hours of scheduled schooling. This will not count as a morning/half day absence. If the student arrived after the first two hours of the scheduled school day, this will count as a morning/half day absence (see "M" code).	
Morning	М	Student was absent for the morning. This will count as a half day absence.	
Afternoon	Р	Student was absent for the afternoon. This will count as a half day absence.	

At risk of failing to meet attendance requirements

In the <u>EQI Standard Terms and Conditions</u> and <u>the EQI Attendance – subclass 500 (schools) visa procedure</u> you are considered to be at risk of failing to meet attendance requirements if:

- you are absent for five consecutive days or more;
- your attendance falls to 90% of your course contact hours in any <u>school term</u>; or
- if the school has concerns about your attendance record.

Your International Student Coordinator will require you to meet with them about your attendance record and provide evidence explaining your absences (such as medical certificates) if they are concerned.

If your attendance falls to 85% of your course contact hours in any term, we will give you and your parents/legal custodians and your Department of Home Affairs approved guardian (DHA approved guardian) a written warning.

Unsatisfactory attendance

If you do not attend at least 80% of your course contact hours, EQI will notify you in writing of their intention to report you to authorities for not achieving satisfactory attendance. EQI may exercise discretion not to report you if:

- you provide evidence of compassionate or compelling circumstances explaining your absences;
- EQI are satisfied that, in all the circumstances, it is reasonable not to report you; and
- your attendance record is at least 70% (if your attendance falls below 70%, EQI is required to report you).

If you receive a notice of EQI's intention to report you to authorities, you have the rights set under the Appeals Policy section of the EQI Standard Terms and Conditions.

You can read in more detail about your attendance requirements at:

• EQI Standard Terms and Conditions

- EQI Attendance Subclass 500 (schools) visa procedure
- Kedron State High School Attendance Policy
- Managing student absences and enforcing attendance at state schools

Course progress

You must maintain satisfactory course progress for each study period as required in the EQI International Student Programs Entry and course requirements standard and the EQI Course progress – subclass 500 (schools) visa procedures Maintaining satisfactory course progress is a condition of your student visa. If your course progress is not satisfactory, EQI report it to authorities and your student visa may be cancelled.

At Kedron State High School we provide written reports to you and your parents or legal custodians every semester as per the P-12 curriculum assessment and reporting framework available on the Queensland Department of Education website.

You must complete your course within the time set out in the Confirmation of Enrolment that EQI sent you.

EQI may extend the time to complete your course only if:

- there are compassionate or compelling circumstances;
- your course load is reduced because you are having difficulty making satisfactory course progress; or
- a deferral or suspension of study is approved (see the <u>Deferral, Suspension and Cancellation</u> Policy section of the EQI Standard Terms and Conditions.

Where there is an adjustment to course length you must contact the Department of Home Affairs to seek advice about any potential impacts on your visa, including the need to obtain a new visa.

Unsatisfactory course progress

Kedron State High School will monitor your workload and your results to ensure you complete the course on time. We will also assist you if you are having difficulties. If you are at risk of not meeting course progress requirements, we will implement suitable intervention strategies with enough time for you to achieve satisfactory course progress.

Formal intervention

If you are not making satisfactory course progress, the principal will give you and your parents or legal custodians a written warning. You will be required to meet with the principal to develop a plan to improve your performance.

If your next study period report indicates continuing unsatisfactory course progress, EQI will notify you in writing of our intention to report you to authorities for breaching the requirement of your visa to achieve satisfactory course progress.

EQI may notify you earlier if, in their opinion, you will not be capable of meeting the course requirements. If you receive a notice of EQI's intention to report you to authorities, you have the rights set out under the **Appeals Policy** section of <u>EQI Standard Terms and Conditions</u>

You can read in more detail about your attendance requirements at:

• EQI Standard Terms and Conditions

- Course progress Subclass 500 (schools) visa procedure
- Kedron State High School Academic policy <u>Homework policy</u>

Behaviour

Kedron State High School is committed to providing a safe, respectful and disciplined learning environment for students and staff, where students have opportunities to engage in quality learning experiences and acquire support of their lifelong wellbeing.

The <u>Kedron State High School Responsible Behaviour Plan</u> is available on the school website The Responsible Behaviour Plan for Students is designed to facilitate high standards of behaviour so that the learning and teaching in our school can be effective and students can participate positively within our school community.

EQI Standard Terms and Conditions state that at school you must:

- participate actively at school;
- take responsibility for your own behaviour and learning;
- respect other members of the school community and the school environment and property;
- cooperate with staff and others in authority; and
- comply with your Kedron State High School's rules student code of conduct and school policy and procedures

At all times you must:

- comply with Australian laws and with the conditions of your student visa;
- not drink alcohol, smoke, misuse prescription medication or use illegal drugs;
- not do anything that endangers your safety or the safety of other people; and
- not do anything that may bring your school or the International Student Program into disrepute.

If your behaviour is unsatisfactory, EQI may cancel or suspend your enrolment. This may affect your student visa.

English as a Second Language or Dialect (EAL/D)

ISP teacher aide will offer support in class and in break times, we also have a tutorial program for student help. Extra time and paper dictionaries are available to students up until semester 1 year 10 at the discretion of the Head of department and class room teacher.

Additional study support programs

Our school has the following study programs to support you in your studies:

You will be emailed the current year tutorial program when it is released, here is an example of the 2023 version.

	KEDRON STATE HIGH SCHOOL TUTORIAL TIMETABLE – SEMESTER ONE 2023				
Time	Monday	Tuesday	Wednesday	Thursday	Friday
	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)
	8.15am - 8.45am A8	8.15am - 8.45am A8	8.15am - 8.45am A8	8.15am – 8.45am A8	8.15am - 8.45am A8
	Library open 8.15am – 8.45am for study,	Library open 8.15am – 8.45am for study,	Library open 8.15am – 8.45am for study,	<u>Library open 8.15am – 8.45am</u> for study,	Library open 8.15am – 8.45am
Before	access to computers,	access to computers,	access to computers,	access to computers,	for study, access to computers,
School	printers & resources.	printers & resources.	printers & resources.	printers & resources.	printers & resources.
School				Extra-Curricular Music (by	
1				appointment)	
1				7.30 - 8.45am I Block with Ms Van	
				Gaalen	
	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)
1	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff
1	Art	10 Digital Solutions	<u>Art</u>	<u>Art</u>	Accounting L9
1	K6 with Ms Haydon-Scantlebury	L9 with Mr Harris	K6 with Ms Haydon-Scantlebury	K6 with Ms Haydon-Scantlebury	with Mr Harris
1	Art (by appointment)	Art (by appointment)	Spanish & Humanities	Art (by appointment)	Art (by appointment)
1	K5 with Ms Hancox	K5 with Ms Hancox	K4 with Ms Medeiros	K5 with Ms Hancox	K5 with Ms Hancox
1	Japanese (7-12)	French in	8 - 10 and Senior Humanities	Tutorials for ISP and EAL/D students	Tutorials for ISP and EAL/D students
1st break	O1 with Ms Asano	O2 with Mr Oren	In B3 with various staff	Q block - International Prefects	Q block with International
l -	4	Q2 WIGH WILOTEH	III B3 With various staff	Q DIOCK - IIICETTIACIONAL PTETECCS	Prefects
1	Cert II Workplace Skills		Maths (8 &9)	Chinese (7-12)	Maths (889)
1	/Accounting		E4 with Mrs Maguire	O3 block with Ms Wu	E4 with Mrs Maguire(11.15 - 11.30)
1	L9 with Mrs Maguire		E4 Will Mild Mild Gall C		E- marms magane(11.15 11.50)
1				<u>Spanish</u>	
1				Q4 with Ms Alzate	
l	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)	SSU Assistance (7-12)
1	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff	A8 with specialist staff
2nd break	English (7-10) & Literature (11-12)	Cert II Workplace Skills/ Accounting	Maths (9 & 10A)	Chemistry C4	
2 na sirean	B1 with Ms Hearn	L9 with Mrs Maguire	E4 with Mrs Maguire	with Ms. Harris	
I	Homework Club	Homework Club	Homework Club	Homework Club	
After School	Library with various staff	Library with various staff	Library with various staff	Library with various staff	
	EAL/D Tutorials	Cert II Hospitality 3-4pm		English (7-10) & Literature (11-12)	
	Library with various staff	S4 Dining Room with Ms Hunt & Ms		Library with Ms Hearn	
		Gledhill		·	
		Maths Club 3.00-5.00pm		Science 3.00-4.00	
		All year levels, all Maths subjects Library		All year levels	
		with various staff		C1/C1D with Science Staff	

Academic policy

Seniors will some times have exam block, but for all students it is vital they understand that exams and assessment dates cannot be changed or missed without a medical certificate listed an exact illness or condition.

Example of message from senior school:

Students are responsible for reading the timetable carefully and ensuring they are present for all exams. If a student is unable to sit for an exam through illness or other circumstances satisfactory to the Principal, the Head of Department must be advised on the day of absence and provided with <u>documentary evidence (i.e. medical certificate)</u> as soon as possible after the exam. Medical certificates must provide details of the medical condition (e.g. chicken pox) and must not simply say "a medical condition". Medical certificates can be emailed to seniorsecondary@kedronshs.eq.edu.au

Legal services

There are a variety of legal services in the community around our school. If you need to access legal services please see the International Student Coordinator.

<u>Legal Aid Queensland</u> can help with free advice about most personal legal problems including civil law problems such as consumer issues. You can contact Legal Aid Queensland at www.legalaid.qld.gov.au or call 1300 651 188 Monday to Friday 8:30am to 5:00pm.

For legal advice you can also contact a private solicitor or a **Community Legal Centre**.

Emergency and health services

If you have a medical emergency or need assistance with a medical matter you can call **1800 QSTUDY** (1800 778 839). You can also call your Overseas Student Health Cover (OSHC) provider.

Overseas student Health Cover (OSHC)

OSHC is insurance to assist Overseas students meet the costs of (Public) medical and hospital care that they may need while in Australia. OSHC will also pay limited benefits for pharmaceuticals and ambulance services.

Details and costs of policies, including what an OSHC policy will and won't cover, and any waiting periods that may apply to certain treatment types, can be obtained by contacting each insurer directly.

OSHC is considered adequate health insurance, however, if you find your OSHC policy does not cover you for everything you want, you can take out additional private health/travel insurance.

Your OSHC provider can help you with a range of medical advice. You **should** check with your OSHC provider website as the services and support provided can vary from provider to provider.

Common advice and support OSHC providers may provide include:

- medical assistance
- referral to a doctor for medical treatment
- getting access to an interpreting service
- counselling services
- referral to a legal service
- family and friends messaging services in the event of an emergency
- personal safety

OSHC providers in Australia include:

Australian Health Management (ahm)	www.ahmoshc.com.au	
Allianz	www.allianzassistancehealth.com.au	
BUPA Australia	www.bupa.com.au/health- insurance/oshc	
Medibank Private	www.medibank.com.au/overseas- health-insurance/oshc	
NIB Health Funds Limited	www.nib.com.au/overseas-students	

Medical matters

Health information

To help us support you, we need you to tell us everything we might need to know about your physical and mental health, including your medical history, conditions and allergies, and all medications you use so we can organise anything you might need and (if you are living with a homestay provider) approve and monitor your support and general welfare arrangements as required by your student visa. This applies before you arrive in Australia and during your stay.

Visiting a doctor

If you need to visit a doctor ask your homestay family to help you make the arrangements.

Medication

If you need to take medication while at school, the medication needs to have a pharmacy label and be handed in to administration. Your homestay family will need to complete a consent to administer medical form. You will need to come to the office at the time the medication is required.

Medical treatment

If you need medical or other health care (other than routine care for minor illness or injury), we will use our best endeavours to contact your parents, legal custodians and homestay provider as soon as reasonably possible.

We may, as we think appropriate and in your best interests:

- provide or administer over-the-counter or prescribed medications; and
- administer first aid.

If we think you need treatment from a health care professional, we may authorise any medical and other professional treatment that we believe to be in your best interests. This includes hospital transfers, emergency procedures, and administering drugs and medications. To do this, we may sign consents to medical and other health procedures on your behalf.

You must reimburse us for all costs associated with medical or other treatment that we authorise for you.

For further information please the EQI Standard Terms and Conditions

Fees

Tuition

Tuition fees for EQI (CRICOS Provider Code: 00608A) cover:

- all curriculum schooling and teaching costs
- curriculum-related excursions

Non-tuition fees

Some non-tuition fees may also apply for items such as school uniforms and non-curriculum activities. Please check with your International Student Coordinator.

Uniforms, general classroom requirements (pens and paper), laptop, non-curriculum excursion or activities will NOT be covered by the International student program.

<u>Uniform, BYOD laptop program fees and documents</u>

Overseas student Health Cover (OHSHC)

OSHC fees± are determined by the OSHC provider and are subject to change. For further information on OSHC, please refer to your OSHC provider.

More information regarding fees can be found at the following link:

Fees

Transfer policy

You may apply to transfer between Queensland Government schools, a non-government school or another institution registered under Australian law to provide education to overseas students.

Additional tuition, homestay or other non-tuition fees may apply for the new school, depending on the school and course chosen.

Before applying for a transfer, you should talk to your International Student Coordinator and school guidance officer and consider any relevant enrolment deadlines at other schools or institutions.

For more detailed information please see the following documents.

- International Student Programs Entry and course requirements standard
- Standard Terms and conditions

Complaints

Before you lodge a customer complaint with the department, you are encouraged to contact your school to try to resolve your issue. If you have an issue with your course, your living arrangements or your welfare, you should discuss this with your International Student Coordinator.

If you have an issue relating to your International Student Coordinator or a decision they have made, you should discuss this with your school Principal. You can bring a support person to help you at any meeting.

Customer complaints are managed in accordance with the Department of Education's Customer Complaints Management Framework, EQI Complaints and appeals – subclass 500 (schools) visa procedure and the Standard Terms and Conditions.

You can make a formal complaint if you are dissatisfied about the service or action of a school, the department, its staff, or education agents with which EQI has arrangements to deliver your course-related service. EQI does not charge a fee for accessing the complaints process.

You can ask for help writing your complaint (for example, from your parents, your homestay provider or a lawyer) and can bring a support person to help you at any meetings we have to discuss your complaint.

More detailed information can be found in the links provided above.

Appeals

You can appeal a decision EQI makes (Internal Appeal):

- to report you to authorities (see the Attendance Subclass 500(schools) visa procedures and Course progress Subclass 500 (schools) visa procedure;
- not to defer or suspend your enrolment, as requested by you please see the Enrolment subclass 500 (schools) visa procedure.
- to suspend or cancel your enrolment, as initiated by us please see the Enrolment subclass 500 (schools) visa procedure
- to refuse your request for a transfer please see <u>Transfer Subclass 500 (schools)</u>
 procedure; or

as a result of your complaint to us – please see the Complaints and appeals – Subclass 500 (schools) visa procedure.

EQI does not charge a fee for using the appeals process.

External appeal

If you are not satisfied with the decision, you can lodge a complaint (External Appeal) with the Queensland Ombudsman by email to ombudsman@ombudsman.qld.gov.au or by post to Queensland Ombudsman, GPO Box 3314, and Brisbane Qld 4001 within 10 working days of receiving our decision.

EQI will comply with any decision the Ombudsman makes.

Travel and activities

Routine activities for homestay students

While living in homestay you must discuss routine activities with your homestay provider and comply with homestay provider decisions. Routine activities includes travel to and from school or off-site school activities, everyday travel with the homestay provider, and normal domestic activities such as shopping, entertainment, sports, visiting friends and health care consultations. It does not include overnight stays away from your homestay address.

Non-routine activities for homestay students

You must obtain our permission for all non-routine activities. This includes overnight travel away from your homestay provider's residence (with or without your homestay provider), activities where the Department of Education, trading as Education Queensland sports, leisure and recreation provider requests parental consent or activities that require supervision other than your homestay provider.

To request permission to participate in non-routine activities, please complete the activities request form (link below) and submit it to your International Student and/or Homestay Coordinator.

In assessing your request, consideration will be given to all relevant circumstances including the nature of the activity, the arrangements for supervision, your welfare and your age and maturity. We may also consider the views of your parents, legal custodians and homestay provider but we will not necessarily grant permission even if they consent.

Related documents

- Non-routine travel and activities for homestay students Subclass 500 (schools) procedure
- EQI sports leisure and recreation provider procedure Subclass 500 (schools) procedure
- Travel and activities request form

No high-risk activities

You must not undertake high-risk activities, even if you have the permission of your parents, legal custodians or homestay provider, unless the activities are approved by EQI.

"High-risk activities" means any activity which inherently poses an increased risk of harm, illness or injury. Examples of high-risk activities are extreme sports, water activities and recreational activities with dangerous elements.

Refund policy

Your rights

If you do not complete your course, you may apply for a refund of some fees already paid by you (in certain circumstances). Some tuition and non-tuition fees charged by EQI are not refundable.

EQI will also pay any other refunds required by Australian law. If you demonstrate compassionate or compelling circumstances, EQI may agree to refund other unspent fees at their discretion.

Refund requests for OSHC fees must be made to your Overseas student Health Insurance (OSHC) provider.

The right to make complaints and seek appeals of decisions and action under various processes, does not affect the rights of the student to take action under the *Australian Consumer Law* if the *Australian Consumer Law* applies.

More detail regarding refunds can be accessed at:

- Standard Terms and Conditions
- Refund request form

School policy and procedures

Anti-bullying policy/Code of Conduct/Responsible Behaviour Plan

Behaviour plan

Anti-litter policy

You must not litter at Kedron SHS or in general, there are bins provided for disposal of rubbish.

Bring your own device

Bring your own device policy - BYOD

School network and internet policy

Only to be used for school work and school purposes. You are not to hot spot from a personal device.

Use of mobile phones

Not to be used at school once you enter the school grounds in the morning, the students can access phone once the end of school bell goes at 2.50pm

Mobile phone policy

Uniform requirements

The uniform shop is located in D block.

Uniform policy including make up and jewellery

Opening hours are: 8.15am – 9am Mon – Friday.

Uniform routine

Formal uniform is to be worn every day apart from sport day or special days as advised by school.

- Sports uniform is to be worn only on Wednesdays for year 10,11,12 Tuesday for year 7,8,9and days in which students have HPE on their timetable they must change before into sport and after back into formal uniform.
- A hat must be worn at all times when outside the classroom

Banking

To open and operate bank account the following information is offered as a guideline as practice may vary from bank to bank.

If you are experiencing difficulties please see the International Student Coordinator

- To open an Australian bank account you will need to present your passport and possibly additional information.
- The majority of banks and building societies have internet banking, telephone banking, Automatic Teller Machines (ATM's) and branch access.

Some banks are now offering an app that you download to your smartphone to do your banking.

- Once your account is opened you will receive in the mail a card and a pin code Personal Identification Number code (PIN Code). You should NEVER disclose your PIN code to anyone.
- For your parents to transfer funds into your account you will need to provide them with the local branch identification number, your account number, bank contact details and swift code. Check with your bank as to their process and requirements).
- Credit cards such as Visa, MasterCard and American Express are widely accepted across Australia.
- Check with your bank as to opening hours during the week and on weekends.
- Do not carry large sums of money at school or when out in public.

See the ISC for a letter or use your student ID to get a concession GOcard for travel on public transport.

Transport

Students attend Kedron SHS in many different ways – e.g. bus, train, ferry, GoCard as appropriate]

Depending where your school is in the state you may also wish to include a link to the relevant transport timetables. For example:

• Brisbane City Council Journey Planner

Driving

You must refer to the <u>Standard terms and conditions</u> and contact your International Student and/Homestay Coordinator for further advice and approvals when considering:

- driving a vehicle
- becoming a passenger in a vehicle driven by a driver with a learner (L plate) driver's license or provisional (P plate) driver's license.

House Structure

The 4 houses are named after prominent men who were leading figures in the early days of Queensland: Sir George Ferguson Bowen (1821 – 1899), Sir Samuel Walter Griffith (1845 – 1920), Alfred James Peter Lutwyche (1810 – 1880) and John Clements Wickham (1798 – 1864).

There are many other sporting events for students involved in team sport.

- Bowen (black and white)
- Griffith (red & white)
- Lutwyche (light blue and dark blue)
- Wickham (green and gold)

Purpose of the House Structure

When you commence school at Kedron you will be allocate to one of 4 Houses (teams) for sporting competitions. Although it is not compulsory to compete in these events it is a school day and you are expected to attend and are encouraged to participate and support your house.

The main competitions are the:

- Inter-house Swimming Carnival (February)
- Cross-Country Event (April)
- Inter-house Athletics Carnival (July)

School Leadership Opportunities

Each year level has opportunities to be leaders, in Year 12 Prefects are appointed.

Australian families

In Australia there is no typical family and families differ widely from each other in many ways. This is in part due to Australia being a *multicultural* society i.e. many cultures from all over the world choose to settle in Australia.

Australian families *usually* have a mother and a father, children and pets. It is also common to find *single parent* families with either the mother or father responsible for keeping the home and caring for children.

It is expected in most Australian homes that people living in the home help with household tasks. These tasks may include helping with food preparation and cleaning up, keeping their own bedroom clean, washing and ironing their own clothes.

Australian teenagers

Australian parents expect to be told where their teenagers are going, who they are going with, what they will be doing and the time they will be done. Homestay parents expect the same courtesy from their Overseas student. It is extremely important that international students let their homestay parents know these things also. This will avoid a lot of worry.

It is also polite to tell homestay parents in advance if you will not be home for dinner. Most parents set a time by which their children must return home, and also usually set a time for going to sleep. Some Overseas students find this difficult because they usually stay up very late. Australians generally get up early in the mornings. Australian teenagers participate in a wide range parties, using the computer, visiting friends and shopping.

Mealtimes

Breakfast

You will be expected to make your own breakfast with food provided by the homestay family. In Australia, the typical breakfast can include;

- Cereal (a carbohydrate consisting of grains such as wheat, oats or corn) served with milk
- **Toast** (sliced bread that is heated in an electrical appliance called a toaster) with toppings such as peanut butter spread, Vegemite or cheese
- Eggs that are cooked and served with toast

Ask your homestay family what food is available for breakfast and ask them to show you how to prepare it. Let your homestay know if there are certain foods that you like or dislike so that they know what to buy when shopping. Please wake up early enough to allow yourself time to prepare a nutritious breakfast before leaving for school, and remember to clean up afterwards.

Lunch

It is most likely that you will also be required to *make and pack* your own school lunch using food provided by the homestay. In Australia, it is common for lunches to consist of sandwiches (two slices of bread with fillings such as spreads, cooked meats or salads), something sweet like biscuits or cake, a piece of fruit and a cold drink. Sometimes families give students leftover food from dinner and it can be heated up using the microwave at school. Talk to your homestay family about the choice of foods available for lunches, and if you have any problems please see the Homestay Coordinator.

Dinner

Dinner time varies depending on the age of the children living in the home and the hours the parent/s work until, but generally dinner is served anywhere between 5.30pm and 7.30pm. Food that is served for dinner varies greatly, however dinner usually consists of a kind of meat (such as chicken, fish, beef, lamb or pork), a variety of vegetables (potato, beans, peas, broccoli, carrots) and a serve of a carbohydrate (rice, pasta, potato, couscous or bread).

Food is usually served on an individual plate, rather than shared dishes in the centre of the table. People eat off their own plate. Generally, all members of the family sit to eat the meal together and talk about the day's events. It is important to participate in *table conversation* as this is an excellent chance for you to improve your conversational English and get to know your homestay family better.

Expected table manners

Do:

- Wait until everyone is seated before eating
- Eat with your mouth closed
- Make a positive comment on the meal

Don't:

- Talk with your mouth full
- Eat noisily Try not to slurp your food
- Leave the table without asking, or thanking the cook

Food customs vary greatly between cultures, so ask your homestay parent if you are unsure about what is expected at the dinner table. Eating dinner with your family should be an enjoyable experience. Remember, it is okay to ask for more food if you are still hungry.

Socialising with friends

Hopefully you will make many friends while you are in Australia, and want to go out with them on the weekends. Please be considerate of your host family and always ask for permission, let them know where you are and when you will be home. As a general rule, socialising should be limited to weekends, as week nights are for study and to spend with your host family. If friends ask you to stay over, discuss this with your host family. They may also allow you to have friends to stay, but remember not to inconvenience your host family by always having your friends in the house. Please ask your homestay parent before inviting friends over to your homestay.

Please remember to complete a travel form for overnight travel.

Expressing emotions

Australians tend to express their emotions openly and are not usually embarrassed aboutshowing others that they are happy, sad, etc.

Many Australians find it quite acceptable to openly disagree with another person's opinion, as long as this is done in a non-aggressive and reasonable manner. In most cases, it is also considered acceptable to discuss personal problems with other people, especially friends, family and trained professionals (i.e. guidance officers in schools).

Communication

It is normal to feel nervous when you first meet your homestay family. You will begin to feel happier when you get to know the family better. Talking to your homestay family about any worries or questions you have when you first arrive will help you adjust to living in a new country.

If you do not speak English well, you can still communicate by using the following;

- Use Google Translate or an electronic dictionary
- Draw a picture of what you want to say
- Use hand gestures or mime
- Ask another student to interpret for you

Spend some time each day with your homestay family. You can do this by watching a TV show with them, helping with dinner preparation, asking questions about Australia or talking about your home country. Don't spend all of the time in your bedroom on the computer. It is very important to make the effort to get to know your family and build a friendship with them. If you have difficulty communicating with your family please see the Homestay Coordinator for some advice and guidance.

Manners

Manners are very important in Australian culture, and parents encourage their children to say "please" and "thank you" when they ask for something. They also encourage them to apologise (say "I am sorry") when they have done something wrong, or have upset someone. When asking for something, please remember to say, "Can I please have ..." and say "thank you" when you receive it.

Transport to school

If you live close to school, you may walk to school or ride a bike (please remember you are required by law to wear a helmet whilst riding a bike). Before you ride a bike to school, first ask your homestay parent to show you the *designated bikeway* to ensure this travel is safe. If you live further away, you can catch a bus or your host parent may drive you. Overseas students are not eligible for a bus pass, so you will have to pay the bus fare to and from school

Swimming

Before engaging in water sports (for example swimming and surfing) all international students are required to complete a water skills assessment. Please contact your International Student Coordinator to arrange a water skills assessment.

Please also see the EQI <u>Non-routine travel and activities for homestay students – Subclass 500</u> (schools) visa procedure

Surf and Beach safety

In term 1 we go on a beach excursion to experience and learn from Qualified lifesavers about beach safety and awareness. We also conduct the EQi Water skills test on that day, if you miss this test EQI arranges other test dates throughout the year – see your ISC for support with booking.

Queensland has some of the most beautiful beaches in the world. However, they can be dangerous for people who are not used to the ocean. Understanding the ocean is very important – the more you know about how waves, wind and tides affect conditions in the water, the better able you are to keep yourself safe.

Surf Life Saving Australia's 10 Surf Safety Hints

- Always swim or surf at places patrolled by surf lifesavers or lifeguards.
- Swim between the red and yellow flags. They mark the safest area to swim.
- Always swim under supervision or with a friend.
- Read and obey the signs.
- Don't swim directly after a meal.
- Don't swim under the influence of drugs or alcohol.
- If you are unsure of surf conditions, ask a lifesaver or lifeguard.
- Never run and dive into the water. Even if you have checked before, conditions can change.
- If you get into trouble in the water, don't panic. Raise you arm for help, float and wait for assistance.
- Float with a current or undertow. Stay calm. Don't try to swim against it. Signal for help and wait for assistance.

Useful links

- Queensland Surf Lifesaving
- https://beachsafe.org.au/ at this link you can download their Beach Safe app.



Sun safe

Most of the sun's dangerous UV radiation (as much as 70%) occurs in the middle of the day, so if you are heading outside then you need to take particular care to seek shade, cover up, wear a hat and use sunscreen. Drink plenty of water in hot weather so as not to become dehydrated. Be sun safe by:

- avoid direct sun when possible
- drink plenty of water
- wear a long-sleeve shirt, wide brim hat and sunglasses
- regularly apply an SPF 30+ high protection sunscreen.

Road safety

Australian roads can be quite busy during peak time (mornings and afternoons are. It is important to take care when crossing roads, and always cross at intersections with traffic lights and/or pedestrian crossing zones. In Australia we drive on the left-hand side of the road and as such, you will need to look right, look left, and then look right again before crossing.