



NEDROK'S KITCHEN MENU TERM 4 2024

OPENING HOURS - 8.15am - 1.45pm - Monday - Friday

Breakfast - 8.15am - 8.45am Wednesday, Thursday, Friday

First Break - Monday 11.15am - 11.55am, Tuesday 11.15am - 11.40am, Wednesday 11.15am - 11.40pm, Thursday 11.15am - 11.55pm, Friday 11.15am - 11.55am

Second Break - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

AT SCHOOL AND ON-LINE MENU - PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE VIA FLEXISCHOOL

EVERYDAY MENU	PRICE	DAILY SPECIALS	PRICE
SANDWICHES (WHOLEMEAL BREAD ONLY)		MONDAY	
CHEESE ONLY (V)	\$ 4.00	NACHOS (V) (GF)	\$ 5.00
EGG AND LETTUCE (V)	\$ 5.50	LOADED NACHOS	\$ 6.50
CHICKEN CHEESE AND LETTUCE	\$ 5.50	TUESDAY	
HAM AND CHEESE	\$ 5.50	ASSORTED SUSHI - <i>Vegetarian option available</i>	\$ 4.00
<i>Gluten Free (GF) options available via Pre-Ordering only adding \$1.50</i>		BUDDHA BOWL	\$ 6.50
FRESH DAILY SALADS		WEDNESDAY	
SEASONAL - FALAFEL & GARDEN (V) <i>Pre order only</i>	\$ 6.50	ROTI (V)	\$ 2.00
PESTO PASTA (V)	\$ 6.50	CHICKEN STIR FRY NOODLES	\$ 6.50
CHICKEN PESTO PASTA	\$ 7.00	BAHN MI SUB - <i>Vegetarian option available</i>	\$ 6.50
CHICKEN CAESAR	\$ 7.00	THURSDAY	
VIETNAMESE NOODLE SALAD - <i>Vegetarian option available</i>	\$ 7.00	SPAGHETTI BOLOGNESE	\$ 6.50
TOASTIE		TURKISH BREAD - <i>Sweet chilli, Chicken & Cheese</i>	\$ 6.50
CHEESE TOASTIE (V)	\$ 4.50	FRIDAY	
HAM CHEESE TOASTIE	\$ 5.50	FRIED RICE - <i>Vegetarian option available</i>	\$ 6.50
CHICKEN CHEESE TOASTIE	\$ 5.50	CHICKEN & COLESLOW SUB	\$ 6.50
HOT FOOD (Sauce provided via self service after payment)		BREAKFAST 8:15am - 8.45am Wed-Fri	
GARLIC BREAD (V)	\$ 2.50	YOGHURT	\$ 2.00
CHICKEN WINGS(3)	\$ 3.00	ASSORTED MUFFINS	\$ 2.00
MINI PIZZA (<i>Second break only</i>)	\$ 4.50	BANANA BREAD	\$ 2.50
PASTA OF THE DAY	\$ 5.00	FRUIT CUP	\$ 3.00
BUTTER CHICKEN (<i>WED,FRI</i>)	\$ 6.50	HASH BROWN (V)	\$ 2.00
CHICKEN AND GRAVY ROLL (<i>WED,FRI</i>)	\$ 6.50	CHEESE TOASTIE (V)	\$ 4.50
VEGETARIAN BURGER (V)	\$ 6.50	BACON & EGG ROLL	\$ 5.00
CHICKEN TWISTER WRAP	\$ 6.50	DRINKS Available 8:15am - 1.45pm	
GRILL CHICKEN BURGER (<i>MON,TUES,THUR</i>)	\$ 7.50	ASSORTED FRUIT JUICES	
BEEF BURGER <i>Pre order only</i>	\$ 7.50	EMMA & TOM'S - 350mL	\$ 5.00
PASTRIES		EMMA & TOM'S - 450mL	\$ 5.00
SPINACH / RICOTTA ROLL (V)	\$ 5.50	FLAVOURED MILK	
SAUSAGE ROLL (<i>TUES/THURS/FRI</i>)	\$ 5.50	300mL CHOCOLATE BREAKA	\$ 3.50
BEEF PIE (<i>MON/WED</i>)	\$ 7.00	300mL STRAWBERRY BREAKA	\$ 3.50
BAKERY		300mL ICE COFFEE BREAKA	\$ 3.50
COOKIES - <i>Vanilla or Double Choc Chip</i>	\$ 1.00	500mL PLAIN MILK	\$ 3.50
BROWNIES	\$ 2.00	500mL CHOCOLATE MILK	\$ 5.00
ASSORTED MUFFINS	\$ 2.00	500mL ICE BREAK COFFEE MILK	\$ 5.00
BANANA BREAD	\$ 2.50	FLAVOURED SPARKLING JUICE	
SNACKS		JUICE BOMB - 300mL	\$ 4.00
POPCORN LIGHTLY SALTED	\$ 2.00	JUICE BOMB - 500mL	\$ 5.00
VARIOUS CHIPS (SMITHS, RED ROCK)	\$ 2.50	WATER	
JELLY CUP (<i>THUR,FRI</i>)	\$ 2.50	WATER - 600mL	\$ 2.50
FRUIT CUPS (V) (GF)	\$ 3.00	WATER - 1Ltr	\$ 3.50
CORN CHIPS AND SALSA (V) (GF)	\$ 3.00	UTENSILS	
SNACK PACK (<i>veggies, dip, crackers</i>)	\$ 4.00	SPOONS/FORKS	\$ 0.20
ASSORTED ICE BLOCKS		<i>(free with Tuckshop purchase)</i>	
ZOOPER DOOPER	\$ 1.00	FOOD CODING GLOSSARY	
CALIPPO	\$ 2.50	(GF) GLUTEN FREE	
FROSTY FRUITS	\$ 2.50	(V) VEGETARIAN	
ICY POLE	\$ 2.50		
CHOCOLATE PADDLE POP	\$ 3.00		
RAINBOW PADDLE POP	\$ 3.00		
MINI DRUMSTICK	\$ 3.50		
MANGO FROZEN YOGHURT	\$ 4.00		
STRAWBERRY FROZEN YOGHURT	\$ 4.00		

PAYMENT VIA CASH OR CREDIT/DEBIT CARD OR STUDENT CARD SET UP VIA FLEXISCHOOL ON-LINE

NO PHONE OR SMART WATCHES ACCEPTED

MINIMUM \$2.00 ON EFTPOS - NO FEES

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au. We look forward to meeting you.