NEDROK'S KITCHEN MENU TERM 1 2025

OPENING HOURS - 8.15am - 1.45pm - Monday - Friday

Breakfast - 8.15am - 8.45am Wednesday, Thursday, Friday

First Break - Monday 11.15am - 11.55am, Tuesday 11.15am - 11.40am, Wednesday 11.15am - 11.40pm, Thursday 11.15am - 11.55pm, Friday 11.15am - 11.55am

Second Break - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

AT SCHOOL AND ON-LINE MENU - PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE VIA FLEXISCHOOL

EVERYDAY MENU	PRICE
SANDWICHES (WHOLEMEAL BREAD ONLY)	
CHEESE ONLY (V)	$ 4.00
EGG AND LETTUCE (V)	$ 5.50
CHICKEN CHEESE AND LETTUCE	$ 5.50
HAM AND CHEESE	$ 5.50
Gluten Free (GF) options available via Pre-Ordering only adding $1.50	
FRESH DAILY SALADS	
SEASONAL - FALAFEL & GARDEN (V) *Pre order only*	$ 6.50
PESTO PASTA (V)	$ 6.50
CHICKEN PESTO PASTA	$ 7.00
CHICKEN CAESAR	$ 7.00
VIETNAMESE NOODLE SALAD - *Vegetarian option available*	$ 7.00
TOASTIE	
CHEESE TOASTIE (V)	$ 4.50
HAM CHEESE TOASTIE	$ 5.50
CHICKEN CHEESE TOASTIE	$ 5.50
HOT FOOD ***(Sauce provided via self service after payment)***	
GARLIC BREAD (V)	$ 2.50
CHICKEN WINGS(3)	$ 3.00
MINI PIZZA *(Second break only)*	$ 4.50
PASTA OF THE DAY	$ 5.00
BUTTER CHICKEN *(WED,FRI)*	$ 6.50
CHICKEN AND GRAVY ROLL *(WED,FRI)*	$ 6.50
VEGETARIAN BURGER (V)	$ 6.50
CHICKEN TWISTER WRAP	$ 6.50
GRILL CHICKEN BURGER *(MON,TUES,THUR)*	$ 7.50
BEEF BURGER *Pre order only*	$ 7.50
PASTRIES	
SPINACH / RICOTTA ROLL (V)	$ 5.50
SAUSAGE ROLL *(TUES/THURS/FRI)*	$ 5.50
BEEF PIE *(MON/WED)*	$ 7.00
BAKERY	
COOKIES - *Vanilla or Double Choc Chip*	$ 1.00
BROWNIES	$ 2.00
ASSORTED MUFFINS	$ 2.00
BANANA BREAD	$ 2.50
SNACKS	
POPCORN LIGHTLY SALTED	$ 2.00
VARIOUS CHIPS (SMITHS, RED ROCK)	$ 2.50
JELLY CUP *(THUR,FRI)*	$ 2.50
FRUIT CUPS (V) (GF)	$ 3.00
CORN CHIPS AND SALSA (V) (GF)	$ 3.00
SNACK PACK *(veggies, dip, crackers)*	$ 4.00
ASSORTED ICE BLOCKS	
ZOOPER DOOPER	$ 1.00
CALIPPO	$ 2.50
FROSTY FRUITS	$ 2.50
ICY POLE	$ 2.50
CHOCOLATE PADDLE POP	$ 3.00
RAINBOW PADDLE POP	$ 3.00
MINI DRUMSTICK	$ 3.50
MANGO FROZEN YOGHURT	$ 4.00
STRAWBERRY FROZEN YOGHURT	$ 4.00

DAILY SPECIALS	PRICE
MONDAY	
NACHOS (V) (GF)	$ 5.00
LOADED NACHOS	$ 6.50
TUESDAY	
ASSORTED SUSHI - *Vegetarian option available*	$ 4.00
BUDDHA BOWL	$ 6.50
WEDNESDAY	
ROTI (V)	$ 2.00
CHICKEN STIR FRY NOODLES	$ 6.50
BAHN MI SUB - *Vegetarian option available*	$ 6.50
THURSDAY	
SPAGHETTI BOLOGNESE	$ 6.50
TURKISH BREAD - *Sweet chilli, Chicken & Cheese*	$ 6.50
FRIDAY	
FRIED RICE - *Vegetarian option available*	$ 6.50
CHICKEN & COLESLOW SUB	$ 6.50
BREAKFAST *8:15am - 8.45am Wed-Fri*	
YOGHURT	$ 2.00
ASSORTED MUFFINS	$ 2.00
BANANA BREAD	$ 2.50
FRUIT CUP	$ 3.00
HASH BROWN (V)	$ 2.00
CHEESE TOASTIE (V)	$ 4.50
BACON & EGG ROLL	$ 5.00
DRINKS *Available 8:15am - 1.45pm*	
ASSORTED FRUIT JUICES	
EMMA & TOM'S - 350mL	$ 5.00
EMMA & TOM'S - 450mL	$ 5.00
FLAVOURED MILK	
300mL CHOCOLATE BREAKA	$ 3.50
300mL STRAWBERRY BREAKA	$ 3.50
300mL ICE COFFEE BREAKA	$ 3.50
500mL PLAIN MILK	$ 3.50
500mL CHOCOLATE MILK	$ 5.00
500mL ICE BREAK COFFEE MILK	$ 5.00
FLAVOURED SPARKLING JUICE	
JUICE BOMB - 300mL	$ 4.00
JUICE BOMB - 500mL	$ 5.00
WATER	
WATER - 600mL	$ 2.50
WATER - 1Ltr	$ 3.50
UTENSILS	
SPOONS/FORKS	$ 0.20
(free with Tuckshop purchace)	
FOOD CODING GLOSSARY	
(GF) GLUTEN FREE	
(V) VEGETARIAN	

PAYMENT VIA CASH OR CREDIT/DEBIT CARD OR STUDENT CARD SET UP VIA FLEXISCHOOL ON-LINE

NO PHONE OR SMART WATCHES ACCEPTED

MINIMUM $2.00 ON EFTPOS - NO FEES

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au. We look forward to meeting you.