NEDROK'S KITCHEN ON-LINE MENU 2024 - TERM 2



OPENING HOURS 8.15am - 1.45pm Wednesday to Friday

First Break - Monday 11.15am - 11.55am - Tuesday 11.15am - 11.40pm - Wednesday 11.15am - 11.40pm - Thursday 11.15am - 11.40pm - Friday 11.15am - 11.55am Second Break - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE - FLEXISCHOOL

PRE-ORDERING AVAILABLE BEFORE 8. EVERYDAY MENU PRICE			II		
EVERYDAY MENU SANDWICHES (WHOLEMEAL BREAD ONLY)		PRICE	DAILY SPECIALS MONDAY		PRICE
HAM AND CHEESE	\$	5.50	NACHOS (V) (GF)	\$	5.00
CHICKEN AND CHEESE	\$	5.50	BURRITO	\$	6.50
CHEESE ONLY	\$	4.00	Bommo	7	0.50
EGG AND LETTUCE	\$	5.50			
Gluten Free (GF) options available via Pre-Ordering Only adding \$1.50	Ψ.	5.50	TUESDAY		
			SPRING ROLL	\$	4.50
			BEEF STEW WITH NOODLE	\$	6.50
FRESH DAILY SALADS			BAH MI SUB	\$	6.50
	ć	E E0	BATTIVII 30B	Y	0.50
SEASONAL (GARDEN) SEASONAL (FALAFEL)	\$ \$	5.50 6.50			
CHICKEN CAESAR	\$	7.00	WEDNESDAY		
PESTO PASTA (V)	\$	6.50	CURRY OF THE DAY	\$	6.50
CHICKEN PESTO PASTA	\$	7.00	VEGETABLE SAMOSAS (v)	\$	5.00
CHICKEN LITOTATIA	Y	7.00	VEGETABLE SAIMOSAS (V)	Ţ	3.00
TOASTIE			THURSDAY		
CHEESE TOASTIE	\$	4.50	SPAGHETTI BOLOGNESE	\$	6.50
CHICKEN CHEESE TOASTIE	\$	5.50	LASAGNA	\$	6.50
HAM CHEESE TOASTIE	\$	5.50			
GARLIC TOAST	\$	1.00			
			FRIDAY		
			MEATBALL SUB	\$	6.00
HOT FOOD			HOT DOG WITH CHEESE	\$	6.50
Sauce provided via self service after payment.			WEDGES (v)	\$	5.00
CHICKEN WINGS (3)	\$	3.00			
MINI PIZZA - Second break only	\$	4.50			
BEEF PIE - Monday, Wednesday and Friday	\$	7.00	COMBO PACKS		0.50
SAUSAGE ROLL - Tuesday, Thursday and Friday	\$	5.50	BUTTER CHICKEN AND GARLIC BREAD	\$	8.50
GARLIC BREAD (v)	\$ \$	2.50	BACON BURGER AND GARLIC BREAD	\$ \$	8.50
SPINACH / RICOTTA ROLL (V) PASTA OF THE DAY	\$	5.50 5.00	HAM AND CHEESE TOASTIC AND JUICE BOMB 300ML PASTA, COOKIE, FLAVOURED MILK 300ml	\$ \$	9.00 9.00
BEEF BURGER- Monday and Thursday	\$	7.50	MINI PIZZA, GARLIC BREAD, JUICE BOMB 300ML	\$	10.00
SPINACH / RICOTTA ROLL (v)	\$	5.50	MUFFIN, MEAT PIE AND FLAVOURED MILK 500ML	\$	14.00
CHICKEN BURGER-Tuesday, Wednesday and Friday	\$	7.50	WOTTIN, WEAT THE AND TEAVOORED WHER SOUND	Ą	14.00
BLT	\$	6.50			
VEGETARIAN BURGER (v)	\$	6.50	DRINKS Available 8am - 1.45pm		
BUTTER CHICKEN-Wednesday and Friday	\$	6.50	Dittitto Ataliasic sum - 1.45pm		
DOTTER GITTORET Wednesday and Tribay	Ψ.	0.50	FLAVOURED MILK		
			500ML CHOCOLATE MILK	\$	5.00
BAKERY			500ML ICE BREAK COFFEE MILK	\$	5.00
COOKIES	\$	1.00	500ML PLAIN MILK	, \$	3.50
BROWNIES	\$	2.00	300ML STRAWBERRY BREAKA	, \$	3.50
ASSORTED MUFFINS	\$	3.00	300ML CHOCOLATE BREAKA	, \$	3.50
BANANA BREAD	\$	2.50	300ML ICE COFFEE BREAKA	\$	3.50
SNACKS			FLAVOURED SPARKLING WATER		
FRUIT CUPS (V) (GF)	\$	3.00	Juice Bomb 500ml	\$	5.00
JELLY CUP-Thursday and Friday	\$	2.50	Juice Bomb 300ml	\$	4.00
CORN CHIPS AND SALSA (V) (GF)	\$	3.00			
POPCORN LIGHTLY SALTED	\$	2.00			
VARIOUS CHIPS (SMITHS, RED ROCK)	\$	2.50	WATER		
			600ML WATER	\$	2.50
			1LTR WATER	\$	3.50
$\label{thm:content} \textbf{Assorted ice blocks available over the counter-not able to order on-line.}$			FOOD CODING GLOSSARY		
			(GF) GLUTEN FREE		
			(V) VEGETARIAN		

INSTRUCTIONS ON HOW TO REGISTER AND ORDER ON-LINE CAN BE FOUND ON THE SCHOOL WEBSITE - INSTRUCTIONS ALSO EMAILED TO ALL FAMILIES

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au. We look forward to meeting you.