



NEDROK'S KITCHEN MENU 2025 - TERMS 2 & 3

OPENING HOURS - 8.15am - 1.45pm - Monday - Friday

Breakfast - 8.15am - 8.45am Wednesday, Thursday, Friday

First Break - Monday 11.15am - 11.55am, Tuesday 11.15am - 11.40am, Wednesday 11.15am - 11.40pm, Thursday 11.15am - 11.55pm, Friday 11.15am - 11.55am

Second Break - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

AT SCHOOL AND ON-LINE MENU - PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE VIA FLEXISCHOOL

EVERYDAY MENU	PRICE	DAILY SPECIALS	PRICE
SANDWICHES (WHOLEMEAL BREAD ONLY)		MONDAY	
CHEESE ONLY (V)	\$ 4.00	CHILLI CON CARNE	\$ 6.50
EGG AND LETTUCE (V)	\$ 5.50	BURRITO	\$ 6.50
CHICKEN, CHEESE AND LETTUCE	\$ 5.50		
HAM AND CHEESE	\$ 5.50	TUESDAY	
<i>Gluten Free (GF) options available via Pre-Ordering only adding \$1.50</i>		MEAT BALL SUB	\$ 6.50
FRESH DAILY SALADS		TURKISH BREAD-Sweet Chilli, Chicken & Cheese	\$ 6.50
SEASONAL - FALAFEL & GARDEN (V) - Pre order only	\$ 6.50	WEDNESDAY	
PESTO PASTA (V) - with tomato, rocket and parmesan	\$ 6.50	KOREAN RICE BOWL (BIBIMBAH)	\$ 6.50
CHICKEN PESTO PASTA - with tomato, rocket and chicken	\$ 7.00	TANDOORI CHICKEN BOWL	\$ 6.50
CHICKEN CAESAR SALAD	\$ 7.00		
TROPICAL CHICKEN SALAD	\$ 7.00	THURSDAY	
TOASTIE		SPAGHETTI BOLOGNESE	\$ 6.50
CHEESE TOASTIE (V)	\$ 4.00	RUGU BEEF PASTA	\$ 6.50
HAM AND CHEESE TOASTIE	\$ 5.50		
CHICKEN AND CHEESE TOASTIE	\$ 5.50	FRIDAY	
HOT FOOD (Sauce provided via self service after payment)		FRIED RICE - Vegetarian option available	\$ 6.50
GARLIC BREAD (V)	\$ 2.50	CURRY OF THE DAY	\$ 6.50
CHICKEN WINGS (3)	\$ 3.50		
MINI PIZZA - Second break only	\$ 4.50	BREAKFAST 8:15am - 8.45am Wed-Fri	
PASTA OF THE DAY	\$ 5.50	GREEK YOGURT POT	\$ 3.00
BUTTER CHICKEN (MON,TUE,THUR)	\$ 6.50	ASSORTED MUFFINS	\$ 2.00
VEGETARIAN BURGER (V)	\$ 6.50	FRUIT CUP	\$ 3.00
CHICKEN BURGER (MON,TUES,THUR)	\$ 7.50	HASH BROWN (V)	\$ 2.00
BEEF BURGER - Pre order only	\$ 7.50	CHEESE TOASTIE (V)	\$ 4.00
PIZZA ROLLED UP	\$ 6.50	BACON & EGG ROLL	\$ 5.50
MAC AND CHEESE - Second break only	\$ 3.50		
PASTRIES		DRINKS Available 8:15am - 1.45pm	
SPINACH AND RICOTTA ROLL (V)	\$ 5.50	ASSORTED FRUIT JUICES	
SAUSAGE ROLL (TUES/THURS/FRI)	\$ 5.50	ORANGE JUICE-500ML	\$ 5.00
BEEF PIE (MON/WED)	\$ 6.00	ORANGE JUICE-300ML	\$ 3.50
BAKERY		APPLE JUICE-500ML	\$ 5.00
COOKIES - Vanilla or Double Choc Chip	\$ 1.00	APPLE JUICE-300ML	\$ 3.50
BROWNIES	\$ 2.00	FLAVOURED MILK	
ASSORTED MUFFINS	\$ 2.00	CHOCOLATE BREAKA - 300mL	\$ 4.00
SNACKS		STRAWBERRY BREAKA - 300mL	\$ 4.00
POPCORN LIGHTLY SALTED	\$ 2.50	ICE COFFEE BREAKA - 300mL	\$ 4.00
VARIOUS CHIPS (SMITHS, RED ROCK)	\$ 2.50	PLAIN MILK - 500mL	\$ 3.50
JELLY CUP (THUR,FRI)	\$ 2.50	CHOCOLATE MILK - 500mL	\$ 5.50
FRUIT CUPS (V) (GF)	\$ 3.00	ICE BREAK COFFEE MILK - 500mL	\$ 5.50
CORN CHIPS AND SALSA (V) (GF)	\$ 3.00	FLAVOURED SPARKLING JUICE	
GREEK YOGURT POT	\$ 3.00	JUICE BOMB - 300mL	\$ 4.50
ASSORTED ICE BLOCKS		JUICE BOMB - 500mL	\$ 5.50
ZOOPER DOOPER	\$ 1.00	WATER	
CALIPPO	\$ 2.50	WATER - 600mL	\$ 2.50
FROSTY FRUITS	\$ 2.50	WATER - 1Ltr	\$ 3.50
ICY POLE	\$ 2.50	UTENSILS	
CHOCOLATE PADDLE POP	\$ 3.00	SPOONS/FORKS	\$ 0.20
RAINBOW PADDLE POP	\$ 3.00	<i>(free with Tuckshop purchase)</i>	
MINI DRUMSTICK	\$ 3.50	FOOD CODING GLOSSARY	
MANGO FROZEN YOGHURT	\$ 4.00	(GF) GLUTEN FREE	
STRAWBERRY FROZEN YOGHURT	\$ 4.00	(V) VEGETARIAN	

PAYMENT VIA CASH OR CREDIT/DEBIT CARD OR STUDENT CARD SET UP VIA FLEXISCHOOL ON-LINE

NO PHONE OR SMART WATCHES ACCEPTED

MINIMUM \$2.00 ON EFTPOS - NO FEES

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au

We look forward to meeting you.

