



NEDROK'S KITCHEN MENU 2026 - TERM 4

OPENING HOURS - 8.15am - 1.45pm - Monday - Friday

Breakfast - 8.15am - 8.45am Wednesday, Thursday, Friday

First Break - Monday 11.15am - 11.55am, Tuesday 11.15am - 11.40am, Wednesday 11.15am - 11.40pm, Thursday 11.15am - 11.55pm, Friday 11.15am - 11.55am

Second Break - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

AT SCHOOL AND ON-LINE MENU - PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE VIA FLEXISCHOOL

EVERYDAY MENU	PRICE	DAILY SPECIALS	PRICE
SANDWICHES (WHOLEMEAL BREAD ONLY)		MONDAY	
CHEESE ONLY (V)	\$4.00	NACHOS (V)(GF)	\$5.50
EGG AND LETTUCE (V)	\$5.50	LOADED NACHO	\$6.50
CHICKEN, CHEESE AND LETTUCE	\$5.50	SPICY CHICKEN BURRITO BAKE - Veg option available	\$7.00
SALAD AND CHEESE (V)	\$5.50		
HAM & CHEESE / HAM, CHEESE, TOMATO	\$5.50	TUESDAY	
<i>Gluten Free (GF) options available via Pre-Ordering only adding \$1.50</i>		BAHN MI	\$7.00
		TURKISH BREAD - Sweet Chilli, Chicken & Cheese	\$7.00
FRESH DAILY SALADS		WEDNESDAY	
SEASONAL - FALAFEL & GARDEN (V) - Pre order only	\$6.50	BEEF TERIYAKI RICE	\$7.00
PESTO PASTA (V) - with tomato, rocket and parmesan	\$6.50	PITA BREAD - Sweet Chilli Chicken	\$7.00
CHICKEN PESTO PASTA - with tomato, rocket and chicken	\$7.00		
CHICKEN CAESAR SALAD	\$7.00	THURSDAY	
CHICKEN VIET NOODLE SALAD	\$7.00	SUSHI CUP	\$4.00
		BOLOGNESE BEEF PASTA	\$7.00
TOASTIE		FRIDAY	
CHEESE TOASTIE (V)	\$4.00	MEATBALL SUB	\$7.00
HAM AND CHEESE TOASTIE	\$5.50	BEEF OR CHICKEN BURRITO - VEGETARIAN OPTION AVAILABLE	\$7.00
CHICKEN AND CHEESE TOASTIE	\$5.50		
HOT FOOD (Sauce provided via self service after payment)		BREAKFAST 8:15am - 8.45am Wed-Fri	
GARLIC BREAD (V)	\$2.50	ASSORTED MUFFINS	\$2.50
SPRING ROLL - 6 (V) - Second break only	\$3.00	GREEK YOGURT POT	\$3.00
CHICKEN WING FLAMING (MON,TUES,THU,FRI)	\$4.00	FRUIT CUP	\$3.00
KATSU CRUMBED CHICKEN CURRY-(MON,WED)		HASH BROWN (V)	\$2.00
MINI PIZZA - Second break only	\$4.50	CHEESE TOASTIE (V)	\$4.00
PASTA OF THE DAY	\$5.50	BACON & EGG ROLL	\$5.50
BUTTER CHICKEN(TUES,THUR,FRI)	\$7.00		
VEGETARIAN BURGER (V)	\$6.50	DRINKS Available 8:15am - 1.45pm	
CHICKEN BURGER (MON,TUES,THUR)	\$7.50	ASSORTED FRUIT JUICES	
BEEF BURGER (WED, FRI)	\$7.50	APPLE JUICE - 300mL	\$4.00
		ORANGE JUICE 300mL	\$4.00
PASTRIES		APPLE JUICE - 500mL	\$5.00
SPINACH AND RICOTTA ROLL (V)	\$5.50	ORANGE JUICE - 500mL	\$5.00
SAUSAGE ROLL (TUES/THURS/FRI)	\$5.50	ORANGE & MANGO FRUIT DRINK	\$5.00
BEEF PIE (MON/WED)	\$6.00		
BAKERY		FLAVOURED MILK	
COOKIES - Vanilla or Double Choc Chip	\$1.50	PLAIN MILK - 500mL	\$3.50
BROWNIES	\$2.50	CHOCOLATE BREAKA - 300mL	\$4.50
ASSORTED MUFFINS	\$2.50	STRAWBERRY BREAKA - 300mL	\$4.50
SNACKS		ICE COFFEE BREAKA - 300mL	\$4.50
POPCORN LIGHTLY SALTED	\$2.50	CHOCOLATE MILK - 500mL	\$5.50
VARIOUS CHIPS (SMITHS, RED ROCK)	\$2.50	ICE BREAK COFFEE MILK - 500mL	\$5.50
POPCORNS	\$3.50		
JELLY CUP (THUR,FRI)	\$2.50	FLAVOURED SPARKLING JUICE	
FRUIT CUPS (V) (GF)	\$3.00	JUICE BOMB - 300mL	\$4.50
CORN CHIPS AND SALSA (V) (GF)	\$3.50	JUICE BOMB - 500mL	\$5.50
CARROT & HUMMUS DIP (V) (GF)	\$3.00		
GREEK YOGURT POT (V)	\$3.00	WATER	
ASSORTED ICE BLOCKS		WATER - 600mL	\$2.50
ZOOPEER DOOPER	\$1.00	WATER - 1Ltr	\$3.50
CALIPPO	\$2.50		
FROSTY FRUITS	\$2.50	UTENSILS	
ICY POLE	\$2.50	SPOONS/FORKS	\$0.20
CHOCOLATE PADDLE POP	\$3.00	<i>(free with Tuckshop purchase)</i>	
RAINBOW PADDLE POP	\$3.00	FOOD CODING GLOSSARY	
MINI DRUMSTICK	\$3.50	(GF) GLUTEN FREE	
MANGO FROZEN YOGHURT	\$4.00	(V) VEGETARIAN	
STRAWBERRY FROZEN YOGHURT	\$4.00		

****Gluten Free and Halal Menu available for online ordering Via Flexischools ****

PAYMENT VIA CASH OR CREDIT/DEBIT CARD OR STUDENT CARD SET UP VIA FLEXISCHOOL ON-LINE

NO PHONE OR SMART WATCHES ACCEPTED

MINIMUM \$2.00 ON EFTPOS - NO FEES

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au. We look forward to meeting you.