



## NEDROK'S KITCHEN MENU 2025 - TERM 4

**OPENING HOURS** - 8.15am - 1.45pm - Monday - Friday

**Breakfast** - 8.15am - 8.45am Wednesday, Thursday, Friday

**First Break** - Monday 11.15am - 11.55am, Tuesday 11.15am - 11.40am, Wednesday 11.15am - 11.40pm, Thursday 11.15am - 11.55pm, Friday 11.15am - 11.55am

**Second Break** - Monday 1.10pm - 1.40pm - Tuesday 12.55pm - 1.40pm - Wednesday 12.55pm - 1.40pm - Thursday 1.10pm - 1.40pm - Friday 1.10pm - 1.40pm

**AT SCHOOL AND ON-LINE MENU - PRE-ORDERING AVAILABLE BEFORE 8.30AM ON-LINE VIA FLEXISCHOOL**

EVERYDAY MENU	PRICE	DAILY SPECIALS	PRICE
<b>SANDWICHES (WHOLEMEAL BREAD ONLY)</b>		<b>MONDAY</b>	
CHEESE ONLY (V)	\$4.00	NACHOS (V)(GF)	\$5.00
EGG AND LETTUCE (V)	\$5.50	LOADED BEEF NACHO	\$6.50
CHICKEN, CHEESE AND LETTUCE	\$5.50	SPICY CHICKEN BURRITO BAKE - Veg option available	\$6.50
SALAD AND CHEESE (V)	\$5.50		
HAM & CHEESE / HAM, CHEESE, TOMATO	\$5.50	<b>TUESDAY</b>	
Gluten Free (GF) options available via Pre-Ordering only adding \$1.50		MEATBALL SUB - BBQ & Italian	\$6.50
		TURKISH BREAD - Sweet Chilli, Chicken & Cheese	\$6.50
<b>FRESH DAILY SALADS</b>		<b>WEDNESDAY</b>	
SEASONAL - FALAFEL & GARDEN (V) - Pre order only	\$6.50	PIZZA - Ham & Cheese, Chicken BBQ	\$4.50
PESTO PASTA (V) - with tomato, rocket and parmesan	\$6.50	SPAGHETTI BOLOGNESE	\$6.50
CHICKEN PESTO PASTA - with tomato, rocket and chicken	\$7.00		
CHICKEN CAESAR SALAD	\$7.00	<b>THURSDAY</b>	
CHICKEN VIET NOODLE SALAD	\$7.00	PITA BREAD - Sweet Chilli Chicken	\$7.00
		MEATBALL KEBAB	\$6.50
<b>TOASTIE</b>		<b>FRIDAY</b>	
CHEESE TOASTIE (V)	\$4.00	FRIED RICE - Veg option available	\$6.50
HAM AND CHEESE TOASTIE	\$5.50	TERIYAKI CHICKEN	\$6.50
CHICKEN AND CHEESE TOASTIE	\$5.50		
<b>HOT FOOD (Sauce provided via self service after payment)</b>		<b>BREAKFAST 8:15am - 8.45am Wed-Fri</b>	
GARLIC BREAD (V)	\$2.50	ASSORTED MUFFINS	\$2.00
SPRING ROLL - 6 (V) - Second break only	\$3.00	GREEK YOGURT POT	\$3.00
CHICKEN WINGS (3)	\$3.50	FRUIT CUP	\$3.00
MAC AND CHEESE (V)	\$3.50	HASH BROWN (V)	\$2.00
MINI PIZZA - Second break only	\$4.50	CHEESE TOASTIE (V)	\$4.00
PASTA OF THE DAY	\$5.50	BACON & EGG ROLL	\$5.50
BUTTER CHICKEN	\$6.50		
VEGETARIAN BURGER (V)	\$6.50	<b>DRINKS Available 8:15am - 1.45pm</b>	
CHICKEN BURGER (MON, TUES, THUR)	\$7.50	<b>ASSORTED FRUIT JUICES</b>	
BEEF BURGER (WED, FRI)	\$7.50	APPLE JUICE - 300mL	\$4.00
		ORANGE JUICE 300mL	\$4.00
<b>PASTRIES</b>		APPLE JUICE - 500mL	\$5.00
SPINACH AND RICOTTA ROLL (V)	\$5.50	ORANGE JUICE - 500mL	\$5.00
SAUSAGE ROLL (TUES/THURS/FRI)	\$5.50	ORANGE & MANGO FRUIT DRINK	\$5.00
BEEF PIE (MON/WED)	\$6.00		
<b>BAKERY</b>		<b>FLAVOURED MILK</b>	
COOKIES - Vanilla or Double Choc Chip	\$1.00	PLAIN MILK - 500mL	\$3.50
BROWNIES	\$2.00	CHOCOLATE BREAKA - 300mL	\$4.00
ASSORTED MUFFINS	\$2.00	STRAWBERRY BREAKA - 300mL	\$4.00
<b>SNACKS</b>		ICE COFFEE BREAKA - 300mL	\$4.00
POPCORN LIGHTLY SALTED	\$2.50	CHOCOLATE MILK - 500mL	\$5.50
VARIOUS CHIPS (SMITHS, RED ROCK)	\$2.50	ICE BREAK COFFEE MILK - 500mL	\$5.50
POPCORNS	\$3.00		
JELLY CUP (THUR, FRI)	\$2.50	<b>FLAVOURED SPARKLING JUICE</b>	
FRUIT CUPS (V) (GF)	\$3.00	JUICE BOMB - 300mL	\$4.50
CORN CHIPS AND SALSA (V) (GF)	\$3.00	JUICE BOMB - 500mL	\$5.50
CARROT & HUMMUS DIP (V) (GF)	\$3.00		
GREEK YOGURT POT (V)	\$3.00	<b>WATER</b>	
<b>ASSORTED ICE BLOCKS</b>		WATER - 600mL	\$2.50
ZOOPEER DOOPER	\$1.00	WATER - 1Ltr	\$3.50
CALIPPO	\$2.50		
FROSTY FRUITS	\$2.50	<b>UTENSILS</b>	
ICY POLE	\$2.50	SPOONS/FORKS	\$0.20
CHOCOLATE PADDLE POP	\$3.00	(free with Tuckshop purchase)	
RAINBOW PADDLE POP	\$3.00	<b>FOOD CODING GLOSSARY</b>	
MINI DRUMSTICK	\$3.50	(GF) GLUTEN FREE	
MANGO FROZEN YOGHURT	\$4.00	(V) VEGETARIAN	
STRAWBERRY FROZEN YOGHURT	\$4.00		

**\*\*Gluten Free and Halal Menu available for online ordering Via Flexischools \*\***

**PAYMENT VIA CASH OR CREDIT/DEBIT CARD OR STUDENT CARD SET UP VIA FLEXISCHOOL ON-LINE**

**NO PHONE OR SMART WATCHES ACCEPTED**

**MINIMUM \$2.00 ON EFTPOS - NO FEES**

Volunteers help run Nedrok's Kitchen and we are always appreciative of more helpers. Call the team on (07) 3630 3333 or email us on tuckshop@kedronshs.eq.edu.au. We look forward to meeting you.